



OUR SCHOOLS  
MATTER

# MY ONE SHIRT

30-DAY CHALLENGE/1 MONTH GUIDE

YOUTH ALIVE

YOUTH ALIVE

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For 30 days, 1 month, wear a  
shirt, carry your Bible,  
pray and share.

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Notice the moments that  
around you everyday and  
share in that moment who  
Jesus is and what He has done.

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Personally declare, that Our Schools Matter, by making your campus your personal mission.

- Personally pray!
- Gather others to Pray with you!
- Individually and Together...Make Jesus Known!

Unite with millennials across the nation to take evangelism to the next level. Utilize the resources provided in this 30 Day kit to use notice the moments around you every day and share the moments and experiences with others.

## NEXT STEPS TO GET STARTED:

### **My One Shirt**

#### **Promo Pack**

Social media postables

Postcard

Web Banner

### **Our Schools Matter Prayer/Scripture/Conversations Guide**

#### **Fundraising Poster**

## HERE'S HOW YOU DO IT:

### **When to Start**

There is no better time than now! Check with your Youth leader if you are doing the Our Schools Matter Youth Series and connect your efforts with your youth ministries.

### **Wear The Shirt**

Wear the My One Shirt for 30 days, non-stop, to create awareness for The Human Right and to start a conversation about Jesus with your friends.

### **Carry Your Bible**

Carry your Bible (read it too) wherever you go for 30 days.

### **Promote**

Use the promotional pack to promote the 30day challenge and your church/ youth ministries efforts. You can promote Our Schools Matter on Social media by using the postables and web banners. You can also print and distribute posters and postcards in your community.

### **Abide**

Commit to be sensitive to God's leading and notice moments He will provide to make Jesus known and share those moments with others. The Our Schools Matter 30 day guide will strengthen your relationship with Jesus as you pursue to declare that your school, your friends, matter. Use this guide in your prayer time, to lead your prayer group, as you Abide in Jesus and start conversations to make Him known.

### **Pray**

Start a prayer group on your campus. Commit to praying for the needs and negative influences of your friends, school, community and world. Later in this guide, learn more about a prayer group, why it's important, and how to lead one at your school.

### **Fund-Raise**

The 30-Day challenge is a great way to raise funds for missionaries across the world who are notice their moments and share Jesus in those moments. Use the MY One Shirt to ask someone, "How much would you give me if I wear this shirt for 30 days without washing it?"

When someone asks you where the money goes, tell them their donation to The Human Right movement partners with Speed The Light ministry to mo-

bilize missionaries to share the message of Jesus with those who have never heard. Track your money earned with the fundraising poster.

### Serve

Join the efforts of your local church to adopt and serve your local school(s). Ask a teacher how you can help serve/help them for the next month.

## PRAYER GROUP INFO

### What is a prayer group?

A prayer group is a gathering of students who meet together on a regular basis to pray for their school, community and world. Meetings can be held weekly, monthly or even daily.

### Why start a prayer group?


Look around your school. Something has to change. It is an injustice for someone to go to your school and graduate without an opportunity to hear the gospel and come to know Jesus. Nothing of any significance will happen unless you and your friends pray. When you pray, God moves into action. When He acts, He does things beyond what you could ever ask or imagine. Everything begins with prayer.

## 30-DAY PRAYER CALENDAR

MY ONE SHIRT 30-DAY/1 MONTH CHALLENGE & PRAYER GROUP GUIDE

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<b>WEEK 1</b>	<b>PRAYING UP</b> Praying for God's Compassion in Us Children would be less judgmental and more accepting of your friends. Lukas 1 Lukas 2	<b>PRAYING OVER</b> Praying for God's Justice over the school Play for health needs over your school environment. Ask questions: How many students play game #2 every 30 days without receiving it? Lukas 1 Lukas 2 Lukas 10-14 Lukas 11	<b>PRAYING OUT</b> Praying for God's Righteousness to change lives Play out against Depression God is a God of encouraging grace. Lukas 10:1-24 Lukas 11:1-24 Lukas 1:28-42 Lukas 1:28-32	<b>PRAYING AROUND</b> Praying for God's Mercy around your school - Pray against violence. Ask a teacher how you can help them. Lukas 1:1-7 Lukas 1:1-24 Lukas 1:28-32 Lukas 1:28-32	<b>PRAYING UP</b> Praying for God's Compassion in us Start a conversation: What is the most important thing to help to grow? Ask a missionary: How many children have you been evangelizing? Lukas 1:1-7 Lukas 1:1-7
<b>WEEK 2</b>	<b>PRAYING OVER</b> Praying for God's Justice over the school. Start a conversation: What do you think God is doing in the classroom? Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OUT</b> Praying for God's Righteousness to change lives. Give a friend a shout out on Twitter: Instagram or Facebook. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING AROUND</b> Praying for God's Mercy around your school. Give someone a boost for them to cheer. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Compassion in us. There is an administrator for that meeting. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OVER</b> Praying for God's Justice over the school. Carry your bible with you around school. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7
<b>WEEK 3</b>	<b>PRAYING OUT</b> Praying for God's Righteousness to change lives. Start a conversation: How valuable do you think you are to God? Share the following video: <a href="http://www.somebringmatters.net/video">www.somebringmatters.net/video</a> Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING AROUND</b> Praying for God's Mercy around your school. Pick up trash where you see it and dispose of properly. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Compassion in Us. Give someone a boost for them to cheer. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OVER</b> Praying for God's Justice over the school. Make a "Support Teachers" sign and display it during school. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OUT</b> Praying for God's Righteousness to change lives. Give out compliments. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7
<b>WEEK 4</b>	<b>PRAYING AROUND</b> Praying for God's Mercy around your school. Start a conversation: What do you think is the biggest challenge you face? <a href="http://www.somebringmatters.net/teen-adult">www.somebringmatters.net/teen-adult</a> Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Compassion in Us. Pick up trash where you see it and dispose of properly. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OVER</b> Praying for God's Justice over the school. Give every point in camp. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Righteousness to change lives. There is a teacher. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING AROUND</b> Praying for God's Mercy around your school. Offer to show new students around school. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7
<b>WEEK 5</b>	<b>PRAYING UP</b> Praying for God's Compassion in Us. Start a conversation: Why does God not let things happen? Share the following video: <a href="http://www.somebringmatters.net/video">www.somebringmatters.net/video</a> Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OVER</b> Praying for God's Justice over the school. Perform a random act of kindness. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OUT</b> Praying for God's Righteousness to change lives. Offer to give a ride to another student to school. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING AROUND</b> Praying for God's Mercy around your school. Give a coach/teacher a gift certificate. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Compassion in Us. Invite other students to a special youth group activity. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7
<b>WEEK 6</b>	<b>PRAYING OVER</b> Praying for God's Justice over the school. Start a conversation: What do you think is the biggest challenge you face? <a href="http://www.somebringmatters.net/teen-adult">www.somebringmatters.net/teen-adult</a> Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Righteousness to change lives. Pick up your lunch. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING AROUND</b> Praying for God's Mercy around your school. Give a friend a birthday card. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING UP</b> Praying for God's Compassion in Us. Appreciate your teacher. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7	<b>PRAYING OVER</b> Praying for God's Justice over the school. Sit with lonely students at lunch. Lukas 1:1-7 Lukas 1:1-7 Lukas 1:1-7

Encourage those who make decisions to know Jesus, and them to [www.somebringmatters.net/moving-forward](http://www.somebringmatters.net/moving-forward) to help them grow in their new relationship with Jesus.  
\*Prayer Database adapted by permission from Jeff Eckert and Chris Van Cesterne


**THE HUMAN RIGHT™** | 5  
 TO KNOW JESUS  
[WWW.THEHUMANRIGHT.ORG](http://WWW.THEHUMANRIGHT.ORG)

### How do I get started?

- Ask God to help you as you start your group.
- Invite and encourage other students to join you to pray or to help lead.
- Find a public place and set a day and time to meet (before or after school, during lunch).
- A prayer group is not a school club. So to promote it you'll need to personally invite fellow students. Talk to them, text them, use social media to get the word out.
- As your group grows, schedule a time to meet with your principal and ask for permission to hold your meetings in a classroom or some other large room on campus. Remember to be respectful, organized and professional. Ensure that your principal (or other administrator) understands your group is not a club but rather a gathering of students who want to pray for the needs of the campus and the world. Be sure you know your legal rights beforehand so that you can address any questions they may have (see "Is having a prayer group legal?" below).
- As you grow, also consider breaking up into smaller groups that meet on different days. You could end up having prayer for your school every day!

### How do I lead my prayer group?

Here are some tips for leading your prayer group:

**HAVE A PLAN** // Ask God to show you how to lead the prayer time and prepare a minute-by-minute plan. Below is an example of how your time could be scheduled, but feel free to create your own plan:

- **First five minutes:** Lead with prayers of worship and thanksgiving. You may also want to use a Psalm or other short Scripture to add direction for your prayers. Thank God for who He is and that He gives you the victory!
- **Next five minutes:** Pray for friends and your school. Have everyone pray for at least five friends who don't know Jesus. Ask God to provide an opportunity for each person to share Jesus with their friends. Pray that they would come to know Jesus.
- **Next five minutes:** Select a topic and pray that true justice would come to the issues you face in your school, in your community and around the world. A list of sample topics can be found at the end of this guide, along with organizations you can partner with to take action. As James 2:20 says, "Faith without works is dead"— so taking action is your next step.
- **Last five minutes:** Pray for a spiritual awakening—that there would be a greater openness toward Jesus among those on your campus, in your community and around the world.

**GIVE DIRECTION //** Make sure everyone understands what you are asking them to pray for. You may even want to pray the first prayer so that you model the direction in which you feel the prayers should go.

**KEEP IT SIMPLE //** Encourage the group to pray short, concise prayers that are specific to the topic or need you are praying about.

**USE SCRIPTURE //** Use verses in the Bible to give direction to your prayers.

**LISTEN TO THE HOLY SPIRIT //** As you are sensitive to the Holy Spirit's lead-

ing, don't be afraid to change direction if you sense Him telling you to. He knows what's going on in the hearts of everyone in attendance.

**TEACH OTHERS HOW TO PRAY** // One of the best ways to learn how to pray is by praying in groups. Use the group setting as an opportunity to teach others how to pray. Incorporate different types of prayer into your time (thanksgiving, confession, worship, intercession, and so on).

## ADDITIONAL RESOURCES:

**Claim Your Campus** [www.claimyourcampus.com](http://www.claimyourcampus.com) Has a great resources and a helpful app to keep your prayer groups focused on praying specifically for your school. The 1Month/30 Day Challenge/prayer guide, adapted the prayer focus by permission, from the Claim Your Campus Prayer Strategy.

## IS HAVING A PRAYER GROUP LEGAL?

Yes! This is a student-initiated, student-led, voluntary prayer group that is allowable when done during non-instructional times. Students can pray during lunch, recess, before or after school, or other designated free times. Please take a moment now to download your free “Know Your Religious Rights Kit” and learn more about the religious rights you have as a student. The Liberty Institute, one of the largest legal organizations dedicated solely to defending religious liberties, has put together this great resource. It will educate everyone involved—students, parents, teachers, principals, superintendents, and school boards— about what is allowed by law regarding the free exercise of religion.



## HOW DO I JOIN OUR PRAYER GROUP WITH OTHERS ACROSS THE NATION?

Invite others to join you and your prayer group. If there are multiple schools in your town or city, or if you just have friends who attend other schools, encourage prayer groups to be started at those schools too.

Join The Human Right Movement by visiting [www.thehumanright.org/voice](http://www.thehumanright.org/voice); or text “thehumanright” to number 95577. (Message and data rates may apply. See applicable Terms and Privacy Policy at [www.ag.org](http://www.ag.org) <<http://www.ag.org>>.) The Human Right believes the greatest injustice is for someone to live and die without having an opportunity to know Jesus. This is as true for the people in your school as it is for people all over the world.

## CAN ADULTS BE INVOLVED?

This is a student-led effort. Adults can support it in whatever ways are allowed in your local school setting.

## ADDITIONAL THOUGHTS AS YOU GET STARTED

- Pray that God’s compassion and strength will be active through you, and through all those who believe in Jesus and go to your school. Show His compassion, rather than judgment, through your encouraging words and actions. Pray that the Holy Spirit would strengthen you to live and share your faith with others.
- Pray against the destructive issues affecting your school (such as depression, suicide, disrespect, sexual activity, bullying, abuse, racism and others) and ask God to show people His power to change lives in those situations.

- Pray for God to break those destructive issues and that lives would be changed in your school.
- As you pray for compassion and love for others, be prepared for many opportunities to show it—especially to those for whom you would not normally consider showing, or want to show, compassion and love. But no matter who they are, every person has the right to know Jesus; and as one of Jesus’ followers, it is your mission to make Him known wherever you are.

Share Your Story. Let us know your efforts: Create a place for testimonies at [www.thehumanright.com](http://www.thehumanright.com) \*Could they share their story and/or post picture and video along with a typed message? And monitor and approve posts so others can see them eventually too? Use the hashtag #Ourschoolsmatter along with #thehumanright on social media sites.

## KEEP GOING BEYOND THE 30 DAYS...

- Join as a Campus Missionary to make Jesus known locally by being on mission - everyday no matter where you go, you make Jesus known! [www.campusmissions.com](http://www.campusmissions.com)
- Keep your group prayer going.

# 30-DAY PRAYER CALENDAR



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	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<b>WEEK 1</b>	<p><b>PRAYING UP</b> Praying for God's Compassion in Us—Christians would be less judgmental Spend 5 minutes praying for your friends who don't know Jesus. <input type="checkbox"/> Genesis 1 <input type="checkbox"/> Genesis 2</p>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Pray for health needs over your school environment. Ask someone: How much would you give me if I wear this shirt for 30 days without washing it? <input type="checkbox"/> Ezekiel 1 <input type="checkbox"/> Ezekiel 37:1-14 <input type="checkbox"/> Ezekiel 6</p>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Pray out against Depression Give a friend an encouraging note. <input type="checkbox"/> Matthew 1:18-24 <input type="checkbox"/> Matthew 2 <input type="checkbox"/> Luke 1:39-45 <input type="checkbox"/> John 1:29-42</p>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. - Pray against violence. Ask a teacher how you can help them. <input type="checkbox"/> Luke 5:1-11 <input type="checkbox"/> Matthew 14:22-36 <input type="checkbox"/> John 13:31-38 <input type="checkbox"/> John 21:15-19</p>	<p><b>PRAYING UP</b> Praying for God's Compassion in us. Start a conversation: What is the most amazing thing to happen to you? Share the Something Amazing video: <a href="http://www.somethingamazing.net">www.somethingamazing.net</a> <input type="checkbox"/> 1 Samuel 17 <input type="checkbox"/> Psalm 51</p>
<b>WEEK 2</b>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Start a conversation: What do you think God is like? Share the following video: <a href="http://www.somethingamazing.net/God">www.somethingamazing.net/God</a> <input type="checkbox"/> Galatians 5:1-15 <input type="checkbox"/> Galatians 6:1-10 <input type="checkbox"/> Proverbs 27</p>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Give a friend a shout out on Twitter, Instagram or Facebook. <input type="checkbox"/> Mark 9:33-37 <input type="checkbox"/> Mark 10:35-45 <input type="checkbox"/> Psalm 23</p>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. Buy someone lunch. <input type="checkbox"/> 2 Chronicles 16:9 <input type="checkbox"/> 2 Timothy 2:14-26 <input type="checkbox"/> Romans 13</p>	<p><b>PRAYING UP</b> Praying for God's Compassion in us. Thank an administrator for their leadership. <input type="checkbox"/> Luke 14:25-33 <input type="checkbox"/> Hebrews 13:1-19 <input type="checkbox"/> Psalm 51</p>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Carry your bible with you around school. <input type="checkbox"/> Luke 14:25-33 <input type="checkbox"/> John 3:16-21 <input type="checkbox"/> John 15:1-17</p>
<b>WEEK 3</b>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Start a conversation: How valuable do you think you are to God? Share the following video: <a href="http://www.somethingamazing.net/value">www.somethingamazing.net/value</a> <input type="checkbox"/> John 18 <input type="checkbox"/> John 19:1-30</p>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. Pick up trash where you see it and dispose of it properly. <input type="checkbox"/> John 19:31-42 <input type="checkbox"/> Romans 14:1-12</p>	<p><b>PRAYING UP</b> Praying for God's Compassion in Us. Carry someone's books for them to class. <input type="checkbox"/> John 20:1-23 <input type="checkbox"/> Galatians 5:1-15</p>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Make a "Support teachers" sign and display it during school. <input type="checkbox"/> John 20:24-31 <input type="checkbox"/> Galatians 5:16-26</p>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Give out compliments. <input type="checkbox"/> John 21 <input type="checkbox"/> Romans 1:16-31</p>
<b>WEEK 4</b>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. Start a conversation: What do you think happens after we die? Share the following video: <a href="http://www.somethingamazing.net/then-what">www.somethingamazing.net/then-what</a> <input type="checkbox"/> Matthew 23:23-28 <input type="checkbox"/> Matthew 7:1-5</p>	<p><b>PRAYING UP</b> Praying for God's Compassion in Us. Post a different Scripture verses inside your locker. <input type="checkbox"/> Galatians 2:11-21 <input type="checkbox"/> Matthew 7:12-27</p>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Give away gum or candy. <input type="checkbox"/> 1 Peter 2:1-12 <input type="checkbox"/> 2 Corinthians 11:16-33</p>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Thank a teacher. <input type="checkbox"/> Matthew 6:1-18 <input type="checkbox"/> Romans 12:1-2</p>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. Offer to show new students around school. <input type="checkbox"/> Luke 13:10-17 <input type="checkbox"/> Romans 12:9-21</p>
<b>WEEK 5</b>	<p><b>PRAYING UP</b> Praying for God's Compassion in Us. Start a conversation: Why does God let bad things happen? Share the following video: <a href="http://www.somethingamazing.net/why">www.somethingamazing.net/why</a> <input type="checkbox"/> Romans 8 <input type="checkbox"/> Mark 6:7-13 <input type="checkbox"/> Luke 10:1-20</p>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Perform a random act of kindness. <input type="checkbox"/> Galatians 5:16-26 <input type="checkbox"/> James 4 <input type="checkbox"/> Proverbs 3:1-12</p>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Offer to give a ride to another student to school. <input type="checkbox"/> Luke 24:36-50 <input type="checkbox"/> Acts 1 <input type="checkbox"/> Acts 2</p>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. Give a coach/teacher a gift certificate. <input type="checkbox"/> 1 Corinthians 12 &amp; 13 <input type="checkbox"/> 1 Peter 4:1-11</p>	<p><b>PRAYING UP</b> Praying for God's Compassion in Us. Invite other students to a special youth group activity. <input type="checkbox"/> John 14:15-31 <input type="checkbox"/> Acts 9 <input type="checkbox"/> Acts 16</p>
<b>WEEK 6</b>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Start a conversation: What do you think makes for good relationships? Share the following video: <a href="http://www.somethingamazing.net/relationships">www.somethingamazing.net/relationships</a> <input type="checkbox"/> Isaiah 7:14 <input type="checkbox"/> Matthew 26</p>	<p><b>PRAYING OUT</b> Praying for God's Righteousness to change Lives. Pray over your lunch. <input type="checkbox"/> Matthew 27:1-44 <input type="checkbox"/> Mark 14:1-42</p>	<p><b>PRAYING AROUND</b> Praying for God's Mercy around your school. Give a friend a birthday card. <input type="checkbox"/> John 18 <input type="checkbox"/> John 19:1-27</p>	<p><b>PRAYING UP</b> Praying for God's Compassion in Us. Apologize when Needed. <input type="checkbox"/> John 19:28-42 <input type="checkbox"/> Matthew 27:45-66 <input type="checkbox"/> Mark 15</p>	<p><b>PRAYING OVER</b> Praying for God's Justice over the school. Sit with lonely students at lunch. <input type="checkbox"/> Matthew 28 <input type="checkbox"/> Mark 16</p>

Encourage those who make decision to know Jesus, send them to [www.somethingamazing.net/moving-forward](http://www.somethingamazing.net/moving-forward) to help them grow in their new relationship with Jesus.

\*Prayer Emphasis adapted by permission from Jeff Eckart and Claim Your Campus





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